

**MECHANISM | TASK 7 ARM - T7**

With more employees working from home, highly adjustable and supportive ergonomic solutions are paramount to workers' performance and health. Armrests in particular can support the muscular system when properly adjusted to a user's body. With a 360-degree pivoting mechanism featuring 24 distinct positions that securely fasten into place, T7 is Allseating's most adjustable arm to date, and exceeds recommended requirements outlined by BIFMA, GSA and CGSB on the elements of arm height, arm cap lateral and depth range, and pivoting. T7 is available on four of Allseating's most popular chairs, and can also be retrofitted, as long as an adjustable width bracket\* is present.

\*Please contact customer service for more information

**1 | 4" ARM HEIGHT ADJUSTMENT**

To adjust the arm height, push the button up and move the arm to the desired height. Release the button to lock in place.

**2 | 2" WIDTH ADJUSTMENT (OPTIONAL)**

To adjust the arm width, loosen the knob found under the seat, move the arm to the desired width and tighten the knob to lock in place. AWK and AWL available on most models..

**3 | ARM CAP ADJUSTMENT**

Arm caps can be moved by sliding the cap in the desired direction, either forward, backward (1.75") or left, right (2.75").

**4 | 15-DEGREE ARM CAP PIVOT**

Arm caps can be pivoted 360-degrees by rotating the cap in the desired direction, allowing for 24 distinct positions.

