

INERTIA® MESH

Instructional Guide

ARMS (4D ARM)

To adjust the arm height, push the button in and move the arm to the desired height. Release the button to lock in place. Arm caps can be moved in or out by sliding the cap in the desired direction.

SEAT HEIGHT

To raise the chair, lift the paddle up while lifting your weight from the seat until you reach the desired height. To lower the chair, lift the paddle up allowing your weight to push the seat down to the desired height.



TILT LOCK

To adjust the recline angle, push the paddle forwards to unlock it. Recline to the desired position and push the paddle back to lock in place.

TENSION CONTROL

Leaning back in the chair, decide if the resistance of the chair is comfortable. If it is too loose, rotate the tension knob counter-clockwise. If the chair has too much resistance, turn the knob clockwise.