

INNATE[®]

Instructional Guide

LUMBAR

Integrated lumbar moves to mimic the natural curvature of the spine. This adjustable lumbar has a range of 4". To adjust, use both handles to slide the lumbar up and down to create necessary lower back support.

SEAT SLIDER

The integrated seat slider control is naturally accessible under the right side of the seat. Pull the button out and slide to the desired position. Release to lock the seat in place.

SEAT HEIGHT

To raise the chair, lift the paddle up while lifting your weight from the seat until you reach the desired height. Release the paddle to lock into place. To lower the chair, lift the paddle up allowing your weight to push the seat down to the desired height. Release the paddle to lock into place.



ARMS

To adjust the height, press the trigger at the front of the arm, adjust to desired height and release. To adjust arm width, pull arm lever open, adjust arm to desired position, then close lever to lock in place.

BACK TILT LOCK

To lock the recline of the backrest, lean back to the desired position, pull the tilt lock button out to lock the recline in any one of the 5 positions.

TILT TENSION

Leaning back in the chair, decide if the resistance of the chair is comfortable. If it is too stiff, rotate the tension knob counter-clockwise. If the chair does not provide enough resistance, turn the knob clockwise.